

It is highly recommended that this manual be read in its entirety before using this product. Do not use this kit beyond the expiration date.

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Table of ContentsPage	ge
Chapter 1: KIT DESCRIPTION	3
Introduction	3
Principle of the Assay	3
Beads Usage	4
Storage Information	6
Materials Supplied	6
Materials to be Provided by the end-user	8
Precautions	9
Chapter 2: ASSAY PREPARATION	10
Sample Collection and Handling	10
Reagent Preparation	10
Standard Preparation	11
Sample Dilution	12
Chapter 3: ASSAY PROCEDURE	13
Performing the Assay Using a Filter Plate	13
Performing the Assay Using Microtubes	16
Chapter 4: FLOW CYTOMETER SETUP	19
Setup Procedure for FACSCalibur with Dual Laser	20
Setup Procedure for FACSCalibur with a Single Laser	24
Setup Procedure for BD FACSAria [™] , FACSCanto [™] and LSR Series	31
Setup Procedure for Other Flow Cytometers	35
Chapter 5: DATA ACQUISITION AND ANALYSIS	36
Data Acquisition	36
Data Analysis	37

Chapter 6: FREQUENTLY ASKED QUESTIONS
Chapter 7: ASSAY CHARACTERIZATION42
Representative Standard Curve 42
Assay Sensitivity 42
Cross-Reactivity 43
Accuracy43
Linearity of Dilution 44
Intra-Assay Precision 45
Inter-Assay Precision 46
Biological Samples 47
TROUBLESHOOTING
PLATE MAP 53
RACK MAP. 54

Chapter 1: KIT DESCRIPTION

Introduction

Adipose tissue (AT) plays an active role in regulating metabolism and energy homeostasis. AT expresses and secretes numerous soluble factors, including adipokines, cytokines, chemokines and hormones. Altered levels of these proteins have been associated with a variety of metabolic diseases and inflammatory-autoimmune conditions. The accurate measurement of these adipose tissue hormones and cytokines is critical for a better understanding of disease progression and immune responses.

The LEGENDplexTM Human Adipokine Panel is a bead-based multiplex assay, using fluorescence–encoded beads suitable for use on various flow cytometers. This panel allows simultaneous quantification of 13 human adipokines and cytokines: Adiponectin, Adipsin, RBP4, MCP-1, IL-1 β , IP-10, IL-10, IL-8, Leptin, IL-6, IFN- γ , Resistin and TNF- α . This panel provides higher sensitivity and broader dynamic range than traditional ELISA methods. The panel has been validated for use on urine and cell culture supernatant samples. The panel is not suitable for serum or plasma samples due to different sample dilution requirements for different analytes.

The Human Adipokine Panel is designed to allow flexible customization within the panel.For mix and match within the panel, please visit **www.biolegend.com/ legendplex.**

This assay is for research use only.

Principle of the Assay

BioLegend's LEGENDplex[™] assays are bead-based immunoassays using the same basic principle as sandwich immunoassays.

Beads are differentiated by size and internal fluorescence intensities. Each bead set is conjugated with a specific antibody on its surface and serves as the capture beads for that particular analyte. When a selected panel of capture beads is mixed and incubated with a sample containing target analytes specific to the capture antibodies, each analyte will bind to its specific capture beads. After washing, a biotinylated detection antibody cocktail is added, and each detection antibody in the cocktail will bind to its specific analyte bound on the capture beads, thus forming capture bead-analyte-detection antibody sandwiches. Streptavidin-phycoerythrin (SA-PE) is subsequently added, which will bind to the biotinylated detection antibodies, providing fluorescent signal intensities in proportion to the amount of bound analytes.

Since the beads are differentiated by size and internal fluorescence intensity on a flow cytometer, analyte-specific populations can be segregated and PE

fluorescent signal quantified. The concentration of a particular analyte is determined using a standard curve generated in the same assay.

Beads Usage

The Human Adipokine Panel uses two sets of beads. Each set has a unique size that can be identified based on their forward scatter (FSC) and side scatter (SSC) profiles (Beads A and Beads B, Figure 1). Each bead set can be further resolved based on their internal fluorescence intensities. The internal dye can be detected using FL3, FL4, or APC channel, depending on the type of flow cytometer used. The smaller Beads A consists of 6 bead populations and the larger Beads B consists of 7 bead populations (Figure 2-3).

Using a total of 13 bead populations distinguished by size and internal fluorescent dye, the Human Adipokine Panel allows simultaneous detection of 13 adipokines and cytokines in a single sample. Each analyte is associated with a particular bead set as indicated (Figures 2-3 and Table 1).

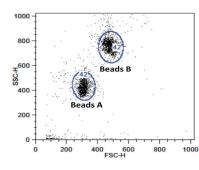
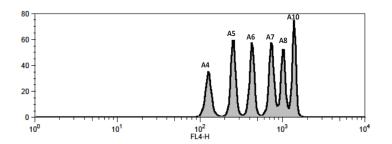


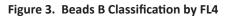
Figure 1. Beads Differentiated by Size

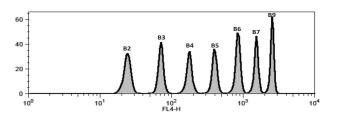
Beads A = smaller beads

Beads B = larger beads

Figure 2. Beads A Classification by FL4







For Beads usage in the panel, please refer to Table 1 below:

Table 1. Beads ID*, Top Standard Concentrations and Panel-Specific Target
Selection

Target	Bead ID	Top Standard Concentra- tions (ng/mL)	Human Adipo- kine Panel Cat. No. 740196	Mix & Match
Human Adiponectin	A4	200	V	
Human Adipsin	A5	50	V	
Human RBP4	A6	50	V	
Human MCP-1	A7	10	V	
Human IL-1β	A8	10	V	
Human IP-10	A10	10	V	
Human IL-10	B2	10	V	
Human IL-8	B3	10	V	
Human Leptin	B4	10	V	
Human IL-6	B5	10	V	
Human IFN-γ	B6	10	V	
Human Resistin	B7	10	V	
Human TNF-α	B9	10	V	

*Bead ID is used to associate a bead population to a particular analyte in the LEGENDplex[™] Data Analysis Software. The association of analyte and bead ID will be defined during the gating step of the data analysis.

When entering analyte and bead ID infomation during the gating step, always enter in the sequential order of the bead ID (e.g, A4, A5, A6...B2, B3, B4...). Please refer to the LEGENDplex[™] Data Analysis Software User Guide and Online Help for details (www.biolegend.com/legendplex).

Storage Information

Recommended storage for all original kit components is between 2°C and 8°C. DO NOT FREEZE Beads, Detection Antibodies or SA-PE.

- Once the standards have been reconstituted, immediately transfer contents into polypropylene vials. DO NOT STORE RECONSTITUTED STAN-DARDS IN GLASS VIALS.
- Upon reconstitution and leftover standard should be stored at ≤-70°C for use within one month. Avoid multiple (>2) freeze-thaw cycles. Discard any leftover diluted standards.

Materials Supplied

The LEGENDplex[™] kit contains reagents for 100 tests, listed in the table below. When assayed in duplicate, this is enough for an 8-point standard curve and 40 samples.

For the Mix and Match Subpanels, individual beads are provided at 13X concentration. The Buffer Set contains Setup Beads, all Buffers, Plate Sealers, SA-PE and Data Analysis Software Dongle. A manual is provided for each Mix and Match subpanel.

Kit Components	Quantity	Volume	Cat/ Part #
Capture Beads* (see tables below for more information)	varies	varies	varies
LEGENDplex™ Human Adipokine Panel Detection Antibodies	1 bottle	3.5 mL	740211
LEGENDplex™ Human Adipokine Panel Standard	1 vial	lyophilized	740210
LEGENDplex™ Buffer Set C	1		740374
Filter Plate* or V-bottom Plate**	1 Plate		740377*or 740379**
Human Adipokine Panel Mix and Match Subpanel Manual	1		76435

* For kit with filter plate. ** For kit with V-bottom plate.

Bead Name	Quantity	Volume	Cat #
LEGENDplex™ Human Adiponectin Capture Bead A4, 13X	1 vial	270 μL	740197
LEGENDplex [™] Human Adipsin Capture Bead A5, 13X	1 vial	270 μL	740198
LEGENDplex™ Human RBP4 Capture Bead A6, 13X	1 vial	270 μL	740199
LEGENDplex [™] Human MCP-1 Capture Bead A7, 13X	1 vial	270 μL	740200
LEGENDplex™ Human IL-1β Capture Bead A8, 13X	1 vial	270 μL	740201
LEGENDplex [™] Human IP-10 Capture Bead A10, 13X	1 vial	270 μL	740202
LEGENDplex [™] Human IL-10 Capture Bead B2, 13X	1 vial	270 μL	740203
LEGENDplex [™] Human IL-8 Capture Bead B3, 13X	1 vial	270 μL	740204
LEGENDplex™ Human Leptin Capture Bead B4, 13X	1 vial	270 μL	740205
LEGENDplex™ Human IL-6 Capture Bead B5, 13X	1 vial	270 μL	740206
LEGENDplex [™] Human IFN-γ Capture Bead B6, 13X	1 vial	270 μL	740207
LEGENDplex™ Human Resistin Capture Bead B7, 13X	1 vial	270 μL	740208
LEGENDplex™ Human TNF-α Capture Bead B9, 13X	1 vial	270 μL	740209

Capture beads for Mix and Match Subpanels*:

* Please refer to Beads ID* and Panel -Specific Target Selection table (Table 1), to see which capture beads are included in each panel.

LEGENDplex[™] Buffer Set C (Cat#: 740374)

Component	Quantity	Volume	Part #
Setup Beads 1: FITC Beads	1 vial	1 mL	77840
Setup Beads 2: PE Beads	1 vial	1 mL	77842
Setup Beads 3: Raw Beads	1 vial	2 mL	77844
LEGENDplex [™] SA-PE	1 bottle	3.5 mL	77743
LEGENDplex [™] Assay Buffer	1 bottle	25 mL	77562
LEGENDplex [™] Wash Buffer, 20X	1 bottle	25 mL	77564
Data Analysis Software Dongle	1		21217
Plate Sealers	4 sheets		78101

No plate is included in Buffer Set C. Plate need to be ordered separately. Please order the correct type of plate based on the preferred assay protocol (Cat# 740377 or 740378 for Filter Plate and Cat# 740379 for V-bottom Plate)

Materials to be provided by the end-user

• A flow cytometer equipped with two lasers (e.g., a 488 nm blue laser or 532 nm green laser and a 633-635 nm red laser) capable of distinguishing 575 nm and 660 nm or a flow cytometer equipped with one laser (e.g., 488 nm blue laser) capable of distinguishing 575 nm and 670 nm.

Flow Cytometer	Reporter Channel	Channel Emission	Classification Channel	Channel Emission	Compensa- tion needed?
BD FACSCalibur [™] (single laser)	FL2	575 nm	FL3	670 nm	Yes
BD FACSCalibur [™] (dual laser)	FL2	575 nm	FL4	660 nm	No*
BD FACSArray [™]	Yellow	575 nm	Red	660 nm	No*
BD FACSCanto [™] BD FACSCanto [™] II	PE	575 nm	АРС	660 nm	No*
BD [™] LSR, LSR II BD LSRFortessa [™]	PE	575-585 nm	APC	660 nm	No*
BD FACSAria [™]	PE	575 nm	APC	660 nm	No*

Partial list of compatible flow cytometers:

*Compensation is not required for the specified flow cytometers when set up properly, but is recommended for consistent results.

For setting up the above flow cytometers, please follow the **Flow Cytom**eter Setup guide in this manual or visit: **www.biolegend.com/legendplex.**

For flow cytometers not listed here, the end-user needs to set up the machine following similar guidelines. Please refer to **Setup Procedure for Other Flow Cytometers** section in Chapter 4.

- Multichannel pipettes capable of dispensing 5 μ L to 200 μ L
- Reagent reservoirs for multichannel pipette
- Polypropylene microfuge tubes (1.5 mL)
- Laboratory vortex mixer
- Sonicator bath (e.g., Branson Ultrasonic Cleaner model #B200, or equivalent)
- Aluminum foil
- Absorbent pads or paper towels
- Plate shaker (e.g., Lab-Line Instruments model #4625, or equivalent)
- Tabletop centrifuges (e.g., Eppendorf centrifuge 5415 C, or equivalent)

Human Adipokine Panel Mix and Match Subpanel If the assay is run using the filter plate provided (recommended),

- A vacuum filtration unit (Millipore MultiScreen [®] HTS Vacuum Manifold, catalog # MSVMHTS00 or equivalent). Instructions on how to use the vacuum manifold can be found at **www.biolegend.com/legendplex**.
- A vacuum source (mini vacuum pump or line vacuum, e.g., Millipore Vacuum Pump, catalog # WP6111560, or equivalent)

If the assay is run in microtubes, V- or U-bottom 96-well plate (optional),

- 1.1 mL polypropylene micro FACS tubes, in 96-tube rack (e.g., National Scientific Supply Co, catalog # TN0946-01R, or equivalent).
- Centrifuge with a swinging bucket adaptor for microtiter plates or microtube racks (e.g., Beckman Coulter Allegra[™] 6R Centrifuge with MICROPLUS CARRIER adaptor for GH3.8 and JS4.3 Rotors).
- 96-well, V-bottom, clear polypropylene microplate (low protein binding, e.g., greiner bio-one, Catalog # 651201 or equivalent).

Precautions

- Sodium azide has been added to some reagents as a preservative. Although the concentrations are low, sodium azide may react with lead and copper plumbing to form highly explosive metal azides. On disposal, flush with a large volume of water to prevent azide build-up.
- Do not mix or substitute reagents from different kits or lots. Reagents from different manufacturers should not be used with this kit.
- Do not use this kit beyond its expiration date.
- SA-PE and Capture Beads are light-sensitive. Minimize light exposure.

Chapter 2: ASSAY PREPARATION

Sample Collection and Handling

Preparation of Tissue Culture Supernatant or Urine Samples:

• Centrifuge the sample to remove debris and assay immediately. If not possible, aliquot and store samples at ≤-20°C. Avoid multiple (>2) freeze/thaw cycles.

Reagent Preparation

Preparation of Antibody-Immobilized Beads

The individual beads (13X) should be mixed and diluted to 1X with Assay Buffer prior to use. To mix the beads, follow the steps below (a 5-plex subpanel is used as an example):

- 1. Sonicate the beads vials for 1 minute in a sonicator bath and then vortex for 30 seconds prior to use.
- 2. Calculate the amount of mixed and diluted beads needed for the assay. Prepare extra to compensate for pipetting loss. Each reaction needs 25 μ L of mixed and diluted beads. For 50 reactions, prepare 1.5 mL of the pre-mixed beads. For 96 reactions, prepare 3 mL of the pre-mixed beads.
- 3. To make 1.5 ml of 5-plex 1X diluted beads, transfer 115 μ L of each of the 5 individual beads (13X) to a fresh tube (total bead volume = 575 μ L) and add 925 μ L of Assay Buffer to make the final volume of 1.5 mL.

Preparation of Wash Buffer

- Bring the 20X Wash Buffer to room temperature and mix to bring all salts into solution.
- Dilute 25 mL of 20X Wash Buffer with 475 mL deionized water. Store unused portions between 2°C and 8°C for up to one month.

Standard Preparation

- 1. Prior to use, reconstitute the lyophilized Human Adipokine Panel Standard with 250 μL Assay Buffer.
- 2. Mix and allow the vial to sit at room temperature for 10 minutes, and then transfer the standard to an appropriately labeled polypropylene microfuge tube. This will be used as the top standard C7.
- 3. Label 6 polypropylene microfuge tubes as C6, C5, C4, C3, C2 and C1, respectively.
- 4. Add 75 μ L of Assay Buffer to each of the six tubes. Prepare 1:4 dilution of the top standard by transferring 25 μ L of the top standard C7 to the C6 tube and mix well. This will be the C6 standard.
- 5. In the same manner, perform serial 1:4 dilutions to obtain C5, C4, C3, C2 and C1 standards (**see the table below**). Assay Buffer will be used as the 0 pg/mL standard (C0).

Tube	Serial Dilution	Assay Buffer to add (µL)	Standard to add	Final Conc. (pg/mL) *	Final Conc. (pg/mL) **	Final Conc. (pg/mL) ***
C7				10,000	50,000	200,000
C6	1:4	75	25 μL of C7	2,500	12,500	50,000
C5	1:16	75	25 μL of C6	625	3,125	12,500
C4	1:64	75	25 μL of C5	156.3	781.3	3,125
C3	1:256	75	25 μL of C4	39.1	195.3	781.3
C2	1:1024	75	25 μL of C3	9.8	48.8	195.3
C1	1:4096	75	25 μL of C2	2.4	12.2	48.8
C0		75		0	0	0

*Top standard concentration of MCP-1, IL-1 β , IP-10, IL-10, IL-8, Leptin, IL-6, IFN- γ , Resistin and TNF- α is 10 ng/mL.

**Top standard concentration of Adipsin and RBP4 is 50 ng/mL.

***Top standard concentration of Adiponectin is 200 ng/mL.

Sample Dilution

• For cell culture supernatant samples, the levels of analyte can vary greatly from sample to sample. While the samples can be tested without dilutions, a preliminary experiment may be required to determine the appropriate dilution factor.

If sample dilution is desired, dilution should be done with corresponding fresh cell culture medium or Assay Buffer to ensure accurate measurement.

• Urine samples must be diluted two-fold with Assay Buffer before testing (e.g. dilute 50 μL of sample with 50 μL of Assay Buffer).

Chapter 3: ASSAY PROCEDURE

The LEGENDplex[™] assay can be performed in a filter plate, in microtubes, or in a V/U-bottom microplate.

- The in-filter plate assay procedure is highly recommended due to its good sample to sample consistency, assay robustness and ease of handling. This procedure requires a vacuum filtration unit for washing (see Materials to be Provided by the end-user, Page 8). If you have performed a Luminex[®]based multiplex assay before, your lab should already have the vacuum filtration unit set up.
- If the in-filter plate assay procedure is not possible, or if you prefer, the assay can be performed in microtubes or in a V/U-bottom microplate. For in-tube assay, we recommend using micro FACS tubes (see Materials to be Provided by the end-user, Page 8).

Performing the Assay Using a Filter Plate

- Allow all reagents to warm to room temperature (20-25°C) before use.
- Set the filter plate on an inverted plate cover at all times during assay setup and incubation steps so that the bottom of the plate does not touch any surface. Touching a surface may cause leakage.
- Keep the plate upright during the entire assay procedure, including the washing steps, to avoid losing beads.
- The plate should be placed in the dark or wrapped with aluminum foil for all incubation steps.
- Standards and samples should be run in duplicate and arranged on the plate in a vertical configuration convenient for data acquisition and analysis (as shown in attached PLATE MAP, Page 53-54). Be sure to load standards in the first two columns. If an automation device is used for reading, the orientation and reading sequence should be carefully planned.
- Pre-wet the plate by adding 100 µL of LEGENDplex[™] 1X Wash Buffer to each well and let it sit for 1 minute at room temperature. To remove the excess volume, place the plate on the vacuum manifold and apply vacuum. Do not exceed 10" Hg of vacuum. Vacuum until wells are drained (5-10 seconds). Blot excess Wash Buffer from the bottom of the plate by pressing the plate on a stack of clean paper towels. Place the plate on top of the inverted plate cover.

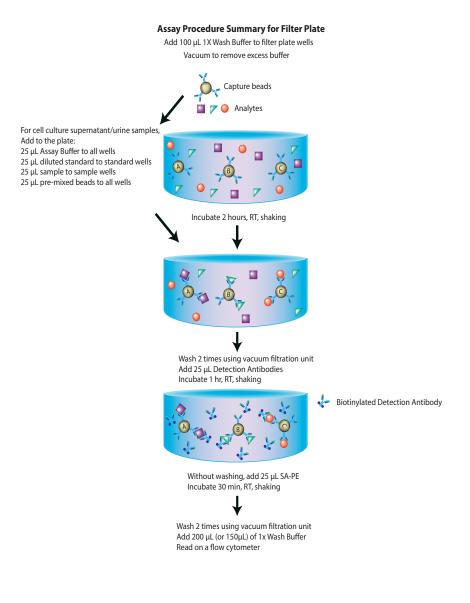
For measuring cell culture supernatant and urine samples:

• Add 25 µL of Assay Buffer to all wells.

- Add 25 μL of each standard to the standard wells.
- Add 25 µL of each sample to the sample wells (See Dilution of Samples)
- 2. Vortex the pre-mixed beads b ottle for 30 seconds. Add 25 μ L of the premixed beads to each well. The volume should be 75 μ L in each well after beads addition. (Note: During addition of the beads, shake the pre-mixed beads bottle intermittently to avoid bead settling).
- 3. Seal the plate with a plate sealer. **To avoid plate leaking, do not apply positive pressure to the sealer when sealing the plate**. Wrap the entire plate, including the inverted plate cover, with aluminum foil. Place the plate on a plate shaker, secure it and shake at approximate 500 rpm for 2 hours at room temperature.
- 4. Do not invert the plate! Place the plate on the vacuum manifold and apply vacuum as before in Step 1. Add 200 μL of 1X Wash Buffer to each well. Remove Wash Buffer by vacuum filtration. Blot excess Wash Buffer from the bottom of the plate with an absorbent pad or paper towels. Repeat this washing step once more.
- 5. Add 25 μ L of Detection Antibodies to each well.
- 6. Seal the plate with a fresh plate sealer. Wrap the entire plate, including the inverted plate cover, with aluminum foil. Place the plate on a plate shaker and shake at approximately 500 rpm for 1 hour at room temperature.
- **7.** Do not vacuum! Add 25 μL of SA-PE to each well directly.
- 8. Seal the plate with a fresh plate sealer. Wrap the entire plate, including the inverted plate cover, with aluminum foil. Place the plate on a plate shaker and shake at approximate 500 rpm for 30 minutes at room temperature.
- 9. Repeat step 4 above.
- 10. Add 200 μL of 1X Wash Buffer to each well (or 150 μL if plate is to be read with an autoampler. Higher volume may result in leaking of the filter plate during reading. Be sure to set the sample volume to be analyzed to 70 uL or less so that sample can be read again if needed). Resuspend the beads on a plate shaker for 1 minute.
- 11. Read samples on a flow cytometer, preferably within the same day of the assay (Note: Prolonged sample storage can lead to reduced signal).

If the flow cytometer is equipped with an autosampler, read the plate directly using the autosampler. The probe height may need to be adjusted when using an autosampler.

If an autosampler is not available, the samples need to be transferred from the filter plate to FACS tubes and read manually. In this case, the sample volume may need to be increased from 200 μ L to 300 μ L by adding extra 100 μ L of 1X Wash Buffer to each tube to avoid sample running dry when read on a flow cytometer.



<u>Performing the Assay Using Microtubes, a 96-Well V- or U-bot-</u> tom Microplate

- Allow all reagents to warm to room temperature (20-25°C) before use.
- Determine the number of assays to run. Standards and samples should be run in duplicate and arranged in the order convenient for data acquisition and analysis (as shown below). If an automation device is used for reading, the orientation and reading sequence should be carefully planned.

If using tubes, label all tubes and arrange tubes on a rack (as shown in attached RACK MAP, assuming using micro FACS tubes and a 96-microtube rack, e.g., National Scientific Supply Co, catalog #: TN0946-01R). A 96-microtube rack is recommended because it allows pipetting with a multichannel pipette.

If using a microplate, arrange the standard and samples according to the the PLATE MAP attached.

1. For measuring cell culture supernatant and urine samples:

- Add 25 µL of Assay Buffer to all tubes/wells.
- Add 25 µL of each standard to the standard tubes/wells.
- Add 25 μL of each sample to the sample tubes/wells (See Dilution of Samples).
- Add 25 μ L of the pre-mixed beads to all tubes/wells.
- Add 25 µL Detection Antibodies to all tubes/wells.

Note: The volume should be 100 μ L in each tube/well. Shake beads bottle intermittently during the addition to avoid bead settling.

- 2. Cover the entire rack/plate with aluminum foil to protect the tubes/plate from light. Shake (approximate 1,000 rpm for in-tube assay and 600 rpm for in-plate assay) on a plate shaker for 2 hours at room temperature.
- 3. Without washing the tubes/plate, add 25 μL SA-PE to each tube/well.
- 4. Cover the entire rack/plate with aluminum foil to protect the tubes/plate from light. Shake (approximate 1,000 rpm for in-tube assay and 600 rpm for in-plate assay) on a plate shaker for 30 minutes at room temperature.
- 5. Centrifuge the tubes/plate at 1,000 x g for 5 minutes, using a swinging bucket rotor with microplate adaptor (Please refer to Materials to be Provided by the end-user, Page 8).
- 6. Remove the supernatant using a multichannel pipette. Be careful not to remove beads, but to remove as much liquid as possible.
- 7. Add 200 μ L of 1X Wash Buffer to all tubes/wells. Resuspend the beads by vortexing (for in-tube assay) or shaking on a plate shaker for 1 minute (for
- 16 Tel: 858-768-5800

in-plate assay). Centrifuge the tubes/plate at $1,000 \times g$ for 5 minutes, using a swinging bucket rotor with microplate adaptor. Remove the supernatant.

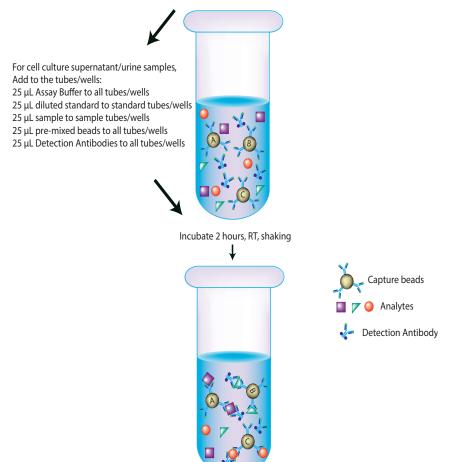
- Add 200 μL of 1X Wash Buffer to each tube/well (or 150 μL if plate is to be read with an autoampler. Higher volume may result in leaking of the filter plate during reading. Be sure to set the sample volume to be analyzed to 70 uL or less so that sample can be read again if needed). Resuspend the beads by vortexing (for in-tube assay) or pippeting (for in-plate assay).
- 9. Read samples on a flow cytometer, preferably within the same day of the assay (Note: Prolonged sample storage can lead to reduced signal).

If the flow cytometer is equipped with an autosampler, the samples can be read either directly (for in-plate assay) or after being transferred to a 96-well plate ((for in-tube assay). **The probe height may need to be adjusted when using an autosampler**.

If an autosampler is not available, the samples can be read directly in FACS tubes or after being transferred from the microplate to micro FACS tubes. In this case, the sample volume may need to be increased from 200 μ L to 300 μ L by adding extra 100 μ L of 1X Wash Buffer to each tube, to avoid sample running dry when analyzed on a flow cytometer.

Assay Procedure Summary for Tubes (or V-Bottom Plate)

Arrange the number of tubes needed on a rack (or set up the plate)



Without washing, add 25 μL SA-PE Incubate 30 min, RT, shaking

ł

Spin down beads Wash one time Add 200 µL (or 150µL) of 1x Wash Buffer Read on a flow cytometer

Chapter 4: FLOW CYTOMETER SETUP

In order to generate reliable data, the flow cytometer must be set up properly before data acquisition. The following sections will address machine setup for the flow cytometers listed below.

Flow Cytometer	Reporter Channel	Channel Emission	Classification Channel	Channel Emission	Compensation needed?
BD FACSCalibur™ (single laser)	FL2	575 nm	FL3	670 nm	Yes
BD FACSCalibur™ (dual laser)	FL2	575 nm	FL4	660 nm	No*
BD FACSCanto [™] , BD FACSCanto [™] II	PE	575 nm	APC	660 nm	No*
BD [™] LSR, LSRII, BD LSRFortessa [™]	PE	575-585 nm	APC	660 nm	No*
BD FACSAria™	PE	575 nm	APC	660 nm	No*

List of Flow Cytometers and Possible Configurations

*Compensation is not required for the specified flow cytometers when set up properly, but is recommended for consistent results.

For flow cytometers not listed here, the end-user needs to set up the machine following similar guidelines. Please refer to **Setup Procedure for Other Flow Cytometers** section in this chapter.

The setup process typically includes the following steps. Please see the detailed setup procedure that follows, regarding your specific instrument.

- 1). Start up the instrument following the manufacturer's recommendations.
- Create a template for data acquisition using your instrument's data acquisition software. A template is a document or worksheet with density plots that allows the user to perform machine setup and data acquisition.
- 3). Set up the PMT voltages of each channel to be used for data acquisition using the Setup Beads provided in the kit.
- 4). Determine whether compensation is needed based on the configuration of your system as shown in Table 1. If compensation is needed, perform compensation using the Setup Beads provided in the kit.

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Human Adipokine Panel Mix and Match Subpanel Setup Procedure for FACSCalibur[™] with Dual Lasers

For a dual laser FACSCalibur[™], use FL2 for reporter and FL4 for beads classification. In general, there is no need for compensation between these channels if the machine is set up properly, following the setup procedure described below.

1. Start up the Instrument

Perform instrument startup and verification check following the manufacturer's recommendations.

2. Obtain a Template for Data Acquisition

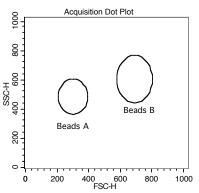
A template for FACSCalibur[™] is a document with density plot that allows the user to perform machine setup and data acquisition.

If you have already created a template for the flow cytometer, open that template and proceed to Step 3.

If a template is not yet available, create a new template by following the instructions below:

- 2.1 From the BD CellQuest data acquisition software, go to File → new document.
- 2.2 Create a dot plot with FSC (forward scatter) for X-axis and SSC (side scatter) for Y-axis. Be sure to set FSC and SSC to linear mode. Create two gates and label them Beads A and Beads B (Figure 4).





2.3 Create 4 fluorescent dot plots as shown below (Figure 5) with FL2 for X-axis, FL4 or FL1 for Y-axis. For the fluorescent dot plots, gate on Beads A (dot plots on the left panel below) and Beads B (dot plots on the right panel below). The dot plots should be in log mode.

2.4 Save the new document as "LEGENDplex Template for FACSCalibur Dual Laser" and proceed to the next step of the setup.

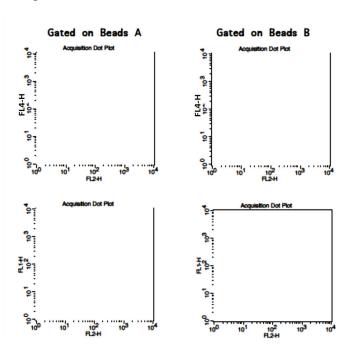


Figure 5.

3. Set up the PMT Voltages

The Setup Beads 3: Raw Beads are used to set up the PMT voltage of the classification channel (FL4 /APC) and channel FL1. The Setup Beads 2: PE Beads are used to set up the PMT voltage of the reporter channel (FL2/PE) The Setup Beads 1: FITC Beads are not needed for this setup.

Follow the instructions below for setting up the PMT settings:

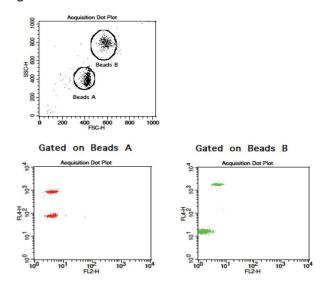
- 3.1 Vortex the vial of the Raw Beads for 30 seconds to resuspend the beads.
- 3.2 Transfer 400 μ L of the Raw Beads to a fresh FACS tube.
- 3.3 Set the flow cytometer flow rate to low. In setup mode, run the Raw Beads. Adjust the settings for FSC and SSC so that both bead populations are visible (Figure 6).

Pause and restart acquisition frequently during the setup procedure to refresh the bead populations after adjusting settings.

Figure 6.

Figure 7.

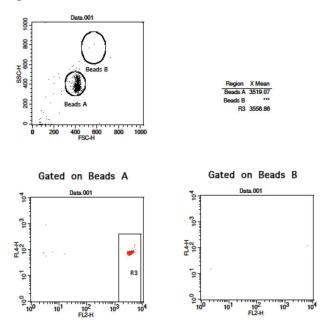
- 3.4 Continue adjusting the settings so that Beads A and Beads B are well separated and the FSC and SSC readings are >200.
- 3.5 Move the gates for Beads A and Beads B so that the smaller beads fall into Beads A gate and the larger beads fall into Beads B gate (Figure 6).
- 3.6 Adjust the FL1 setting so that the FL1 signals for all beads are between 1x10° and 1x10¹ (Note: This step is not required, but is recommended).
- 3.7 Adjust the FL4 setting so that the FL4 signals for all beads are between 1×10^{1} and 5×10^{3} (Figure 7).



3.8 Vortex the vial of Setup Beads 2: PE Beads for 30 seconds to resuspend the beads.

- 3.9 Transfer 400 μ L of the PE Beads to a fresh FACS tube.
- 3.10 Replace the Raw Beads tube from the flow cytometer with the PE beads tube.
- 3.11 Set the flow cytometer flow rate to low. In setup mode, run the PE Beads. Note: PE beads are only of small size, falling in the Beads A gate (Figure 8).
- 3.12 Adjust the FL2 setting so that the median fluorescence intensity of the PE beads falls between the lot-specific range labeled on the PE Beads vial (Figure 8, gate R3).

Figure 8.



- 3.13 Save the document again for future use.
- 3.14 The flow cytometer is now ready for sample acquisition.

Setup Procedure for FACSCalibur[™] with a Single Laser

For a single laser FACSCalibur[™], use FL2 for reporter and FL3 for beads classification. Compensation is needed to properly set up the instrument.

1. Start up the Instrument

Perform instrument startup and verification check following the manufacturer's recommendations.

2. Obtain a Template for Data Acquisition

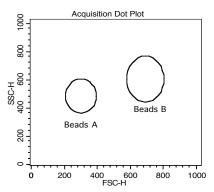
A template for FACSCalibur[™] is a document with density plot that allows the user to perform machine setup and data acquisition.

If you have already created a template for the flow cytometer, open that template and proceed to Step 3.

If a template is not yet available, create a new template by following the instructions below:

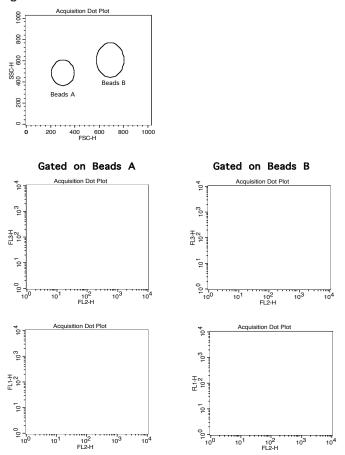
- 2.1 From the BD CellQuest data acquisition software, go to File \rightarrow new document.
- 2.2 Create a dot plot with FSC (forward scatter) for X-axis and SSC (side scatter) for Y-axis. **Be sure to set FSC and SSC to linear mode**. Create two gates and label them Beads A and Beads B (Figure 9).





2.3 Create 4 fluorescent dot plots as shown below (Figure 10) with FL2 for X-axis, and FL3 or FL1 for Y-axis. For the fluorescent dot plots, gate on Beads A (dot plots on the left panel below) and Beads B (dot plots on the right panel below). **The dot plots should be in log mode.**





- 2.4 Set all compensations to zero.
- 2.5 Save the new document as "LEGENDplex Template for FACSCalibur Single Laser" and proceed to the next step of the setup.

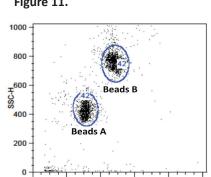
3. Set up PMT Voltages and Compensation

The Setup Beads 3: Raw Beads are used to set up the PMT voltage of the classification channel FL3 and channel FL1. The Setup Beads 2: PE Beads are used to set up the PMT voltage of the reporter channel FL2. All three setup beads are needed for setting up compensation.

Follow the instructions below for setting up the PMT settings and compensation:

- 3.1 Vortex the vial of the Raw Beads for 30 seconds to resuspend the beads.
- 3.2 Transfer 400 µL of the Raw Beads to a fresh FACS tube.
- 3.3 Set the flow cytometer flow rate to low. In setup mode, run the Raw Beads. Adjust the settings for FSC and SSC so that both beads populations are visible (Figure 11).

Pause and restart acquisition frequently during the setup procedure to refresh the bead populations, after adjusting settings.



400

600 FSC-H

200

0

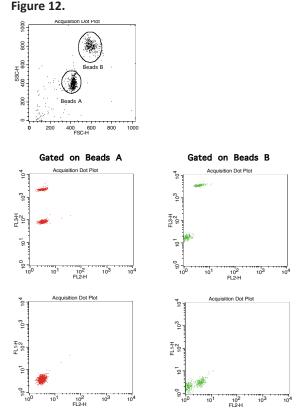


3.4 Continue adjusting the settings so that Beads A and Beads B are well separated and the FSC and SSC readings are >200.

1000

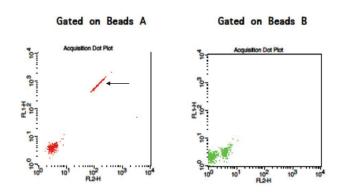
800

- 3.5 Move the gates for Beads A and Beads B so that the smaller beads fall into Beads A gate and the larger beads fall into Beads B gate (Figure 11).
- 3.6 Adjust the FL1 setting so that the FL1 signals for all beads are between $1 \times 10^{\circ}$ and 1×10^{1} (Figure 12).



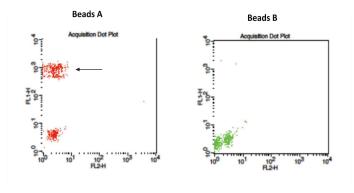
- 3.7 Adjust the FL2 settings so that the FL2 signals for all beads are between 1×10^{0} and 1×10^{1} (Figure 12).
- 3.8 Adjust the FL3 setting so that the FL3 signals for all beads are between $1x10^1$ and 5×10^3 (Figure 12).
- 3.9 Vortex the vial of the Setup Beads 1: FITC Beads for 30 seconds to resuspend the beads.
- 3.10 Transfer 200 μ L of the FITC Beads to a fresh FACS tube. Add 200 μ L of Raw Beads and mix well (this will generate FITC-positive and FITC-negative populations of beads and is needed for proper compensation).
- 3.11 In setup mode, run the mixed FITC and Raw Beads.
- 3.12 On the FL1 vs FL2 dot plot (Figure 13), the beads will display as FITCnegative and FITC-positive populations (indicated by an arrow). Note: FITC beads are only of small size, falling in the Beads A gate.

Figure 13.



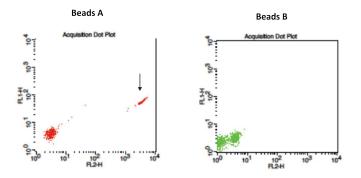
3.13 Adjust the FL2-%FL1 compensation setting (e.g., FL2-FL1 = 20%) so that the FITC-negative and FITC-positive populations have similar mean FL2 fluorescence intensities (Figure 14).





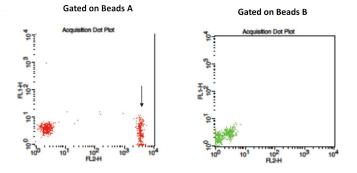
- 3.14 Vortex the vial of PE Beads for 30 seconds to resuspend the beads.
- 3.15 Transfer 200 μ L of the PE Beads to a fresh FACS tube. Add 200 μ L of Raw Beads and mix well (This will generate PE-positive and PE-negative populations of beads and is needed for proper compensation).
- 3.16 In setup mode, run the mixed PE and Raw Beads.
- 3.17 On the FL1 vs FL2 dot plot (Figure 15), the beads will display as PEnegative and PE-positive populations (indicated by an arrow). Note: PE beads are only of small size, falling in the Beads A gate.

Figure 15.



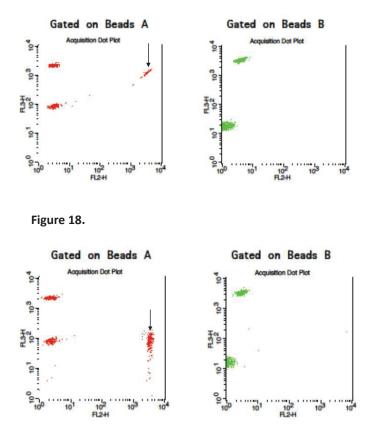
- 3.18 Adjust the FL2 setting so that the median fluorescence intensity of the PE beads falls between the lot-specific range labeled on the PE Beads vial (Figure 16).
- 3.19 Adjust the FL1-%FL2 compensation setting (e.g., FL1-FL2 = 1.5%) so that the PE-negative and PE-positive populations have similar mean FL1 fluorescence intensities (Figure 16).

Figure 16.



- 3.20 On the FL3 vs FL2 dot plot (Figure 17), the beads will display as PEnegative and PE-positive populations (indicated by an arrow).
- 3.21 Adjust the FL3-%FL2 compensation setting (e.g., FL3-%FL2= 40%) so that the FL3-low population and the PE-positive population have similar median FL3 signal (Figure 18).

Human Adipokine Panel Mix and Match Subpanel Figure 17.



- 3.22 Save the document again for future use.
- 3.23 The flow cytometer is now compensated and ready for sample analysis.

Setup Procedure for BD FACSAria[™], FACSCanto[™] and LSR Series

This part of the guide applies to BD digital flow cytometers using FACSDiva[™] software version 6.0 and above.

For the BD FACS machines running FACSDiva[™], use the PE channel for reporter and the APC channel for beads classification. In general, there is no need for compensation between these channels if the machine is set up properly following the setup procedure described below.

This setup procedure is required under the following situations:

- You are running the LEGENDplex kit for the first time.
- It has been over a month since the procedure was last performed.
- Your flow cytometer has been serviced since you last performed this procedure.

This setup process is not needed if you have run this experiment before and have access to a saved experiment template (The settings will be saved in the final step of this setup procedure and any settings saved can be imported to a new experiment. Please refer to Step 2 and Step 3.9 below).

1. Start up the Instrument

Perform instrument startup and verification check following the manufacturer's recommendations.

2. Obtain a Template for Data Acquisition

A template for FACSDiva[™] is a worksheet with density plots that allows the user to perform machine setup and data acquisition.

If a template is not yet available, create a new template by following the instructions. After a template is created, save the file in D:\BDExport\Templates\Experiment. Do not change the name of the Templates folder.

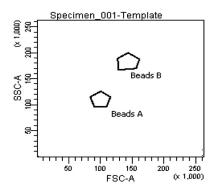
If you have already created a template for the flow cytometer, open that template and proceed to Step 3. To open an existing template, select Experiment> New Experiment. A list of templates saved in D:\BDExport\Templates\ Experiment will pop up. Select the desired template from the list.

To create a new template, follow the instructions below:

2.1 From the BD FACSDiva[™] software, go to Experiment > New Experiment.

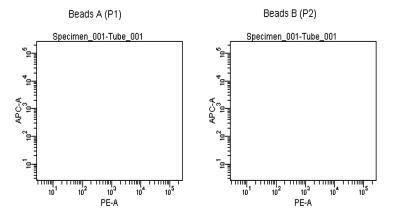
2.2 In the global worksheet, open the worksheet. Create a dot plot with FSC (forward scatter) for X-axis and SSC (side scatter) for Y-axis. Be sure to set FSC and SSC to linear mode. Create two gates and label them Beads A and Beads B (Figure 19).

Figure 19.



2.3 Create two dot plots with PE for X-axis, APC for Y-axis (Figure 20), gated on Beads A (left panel below) and Beads B (right panel below), respectively. Create one dot plot with FITC for X-axis APC for Y-axis, gated on Beads A and Beads B (graph not shown). **The plots should all be in log mode**.

Figure 20.



2.4 Save the document as "LEGENDplex Template for FACS Diva" in D:\BDExport\Templates\Experiment and proceed to the next step of setup.

3. Set up PMT Voltages

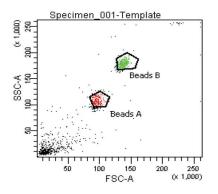
The Setup Beads 3: Raw Beads are used to set up the PMT voltage of the classification channel APC, reporter channel PE, and FITC channel. The Setup Beads 1: FITC Beads and 2: PE Beads are not needed for this setup because no compensation is required if the setup procedure described here is closely followed.

Follow the instructions below for setting up the PMT settings:

- 3.1 Vortex the vial of Raw Beads for 30 seconds to resuspend the beads.
- 3.2 Transfer 400 µL of the Raw Beads to a fresh FACS tube.
- 3.3 Set the flow cytometer flow rate to low. Run the Raw Beads. Adjust the settings for FSC and SSC so that both bead populations are visible (Figure 21).

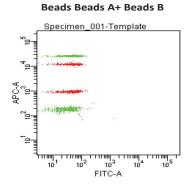
Pause and restart acquisition frequently during the setup procedure to refresh the beads populations after adjusting settings.

Figure 21.



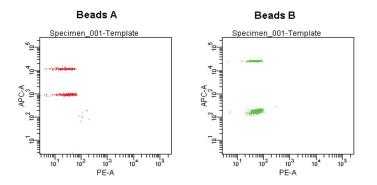
- 3.4 Continue adjusting the settings so that Beads A and Beads B are well separated and the FSC and SSC readings are >50 (x1000).
- 3.5 Move the gates for Beads A and Beads B so that the smaller beads fall into Beads A gate and the larger beads fall into Beads B gate (Figure 21).
- 3.6 Adjust the FITC setting so that the FITC signal for the majority of beads is between 1x10¹ and 1x10² (Figure 22).

Figure 22.



3.7 Adjust the PE setting so that the PE signal for the majority of beads is between 1×10^{1} and 1×10^{2} (Figure 23).

Figure 23.



- 3.8 Adjust the APC settings so that the the APC fluorescence intensities of all bead populations are between 1×10^2 and 5×10^4 (Figure 23).
- 3.9 Save the document again for future use.

To save your assay-specific settings, in the browser, right-click Cytometer Settings and select Save to **Catalog**. Name the file, and then click OK. To import the saved setting for a new experiment, right click on cytometer settings and select import settings.

3.10 The flow cytometer is now ready for sample acquisition.

Setup Procedure for Other Flow Cytometers

For flow cytometers not addressed above, the setup procedure will differ from one to another. It is very important for the end-user to set up the machine following similar guidelines. In this case, machine compensation between the reporter and beads classification channels is strongly recommended.

The flow cytometer setup instructions are also posted on our website: **www. biolegend.com/legendplex.** New flow cytometer setup instructions will be added to on our website when they become available.

Data Acquisition

- 1. Before reading samples, make sure that the flow cytometer is set up properly. For flow cytometer setup, please follow the Flow Cytometer Setup guide in this manual or visit: **www.biolegend.com/legendplex**.
- 2. Create a new template or open an existing template (for details on how to create a cytometer-specific template, please refer to the Flow Cytometer Setup Guide).
- 3. Vortex each sample for 5 seconds before analysis.
- 4. Set the flow rate to low. Set the number of beads to be acquired to about 300 per analyte (e.g., acquire 1,500 beads for a 5-plex panel). Do not acquire too many events (e.g. >10,000 total events).

Note: Do not acquire too few or too many beads. Too few beads acquired may result in high CVs and too many beads acquired may result in slow data analysis later.

5. Read samples.

When reading samples, set the flow cytometer to setup mode first and wait until bead population is stabilized before switching to acquisition mode.

To simplify data analysis using the LEGENDplex[™] Data Analysis Software, read samples in the same order as shown on the PLATE MAP or RACK MAP attached at the end of the manual. For an in-plate assay, read column by column (A1, B1, C1...A2, B2, C2...). For an in-tube assay, read row by row (A1, A2, A3,...B1, B2, B3...).

When naming data files, try to use simple names with a consecutive numbering for easy data analysis (e.g. for standards, C0.001, C0.002, C1.003, C1.004, C2.005, C2.006, C3.007, C3.008, ... C7.015, C7.016; for samples, S1.017, S1.018, S2.019, S2.020, S3.021, S3.022...)

Store all FCS files in the same folder for each assay. If running multiple assays, create a separate folder for each assay.

6. Proceed to data analysis using LEGENDplex[™] Data Analysis Software when data acquisition is completed.

Data Analysis

- The FCS file generated on a flow cytometer should be analyzed using BioLegend's LEGENDplex[™] Data Analysis Software or other compatible data analysis software. The LEGENDplex[™] Data Analysis Software can be downloaded here: www.biolegend.com/legendplex.
- After downloading, install it on a PC (running Windows 7 or Windows 8) and use it in conjunction with the Data Analysis Software Dongle included in this kit. The dongle has a license key stored in it and is needed to run the software. To use the dongle, simply plug it in the USB port of the computer on which the data analysis software is installed, prior to launching the software.
- The Software Dongle has a fixed number of points. Each analysis will consume a certain number of points. The number of points consumed depends on assay plex size and number of samples. After the points on a dongle are consumed, a new dongle will be needed to run more data analysis. Although the software will continue to be functional, the data will not be saved until a new dongle is available. A new dongle is provided in each LEGENDplex[™] kit. A saved analysis can always be re-analyzed using the software regardless of dongle status.
- Follow the LEGENDplex[™] Data Analysis Software User Guide and Online Help to use the software (www.bioLegend.com/legendplex; or press F1 for online help at any step of the data analysis).

Chapter 6: FREQUENTLY ASKED QUESTIONS

Q. What is the difference between LEGENDplex[™] and Luminex[®] Assays?

BioLegend's LEGENDplex[™] assays and Luminex[®]-based multiplex assays are both bead-based immunoassays using the same basic principle of sandwich immunoassays. Both systems use fluorescence-coded beads to achieve multiplexing. The major difference is how the data is acquired. LEGENDplex[™] assays use common lab flow cytometers and their respective software for data acquisition, whereas Luminex[®]-based assays use dedicated machines and software for data acquisition. Therefore, one of the advantages of LEGENDplex[™] assays is that they can be run on common flow cytometers and no specialized machine is needed.

Q. Can I use LEGENDplex[™] kits on Luminex[®] machines?

No. LEGENDplex[™] kits should be used on a regular flow cytometer and the data can be analyzed using the user-friendly data analysis software available for download at www.biolegend.com/legendplex.

Q. What are the compatible flow cytometers for the LEGENDplex[™] assays?

In general, LEGENDplex[™] assays can be used on most common flow cytometers, such as:

BD FACSCalibur™ BD FACSCanto™ BD FACSCanto™ II BD ™ LSR I BD ™ LSR II BD LSRFortessa™ BD FACSAria™ BD FACSArray™

Please refer to the MATERIALS TO BE PROVIDED BY END-USER section for details on the channel configurations of the cytometer.

For flow cytometers not listed above, the end user needs to make sure that the machine is set up properly before use (refer to **Setup Procedure for Other Flow Cytometers** section in Chapter 4). **In this case, machine compensation between the reporter and beads classification channels is strongly recommended**.

The FCS or Listmode files from the following instruments are compatible with the LEGENDplex[™] Data Analysis Software.

Vendor	Instrument Model	Vendor	Instrument Model
	FACScan™	Sony	iCyt Eclipse™
	FACSCalibur™	Life Technologies	Attune®
	FACSCanto™ II	Miltenyi Biotec	MACSQuant®
	LSRFortessa™	Partec	PAS
BD	LSR II	Stratedigm	S1400
	FACSAria™		CyAn™ ADP
	FACSAria™ II	Beckman	FC 500
	Accuri™ C6	Coulter	Gallios™
ORFLO	Moxi Flow™		MoFlo [®] Astrios™
CyteK	DxP10™		MoFlo [®] XDP

Q. What is the right procedure for running the assay?

- 1. Perform the assay as instructed in this kit manual.
- Determine the type of flow cytometer you have and perform machine setup as instructed on Flow Cytometer Setup guide in this manual or visit: www.biolegend.com/legendplex. Open an existing or create a machine-specific template for data acquisition.
- 3. Analyze the samples on the flow cytometer and save the FCS files in a new folder.
- Install the LEGENDplex[™] Data Analysis Software along with the software dongle on a PC with operating system Windows 7 or Windows 8 (32 bit or 64 bit). Make sure to install the correct version (32 bit or 64 bit version), depending on your computer's operating system.
- 5. Transfer the folder containing the FCS files of your experiment to the computer where the data analysis software is installed.
- 6. Perform data analysis as instructed in the Data Analysis Software User Guide.

Q. When do I need to do machine compensation?

If a flow cytometer equipped with a single laser is used for both reporter (FL2/PE) and classification (FL3), then compensation is absolutely required to compensate the signal spill over between the two channels, especially from FL2 to FL3. Please use the Setup Beads provided and follow the **FLOW CYTOMETER SETUP** guide in this manual.

If a flow cytometer is listed in the compatible flow cytometer list in this manual and is equipped with two lasers, one for reporter (FL2/PE) and the other for classification (FL4/APC), then compensation is not required if the **FLOW CYTOMETER SETUP** guide in this manual is closely followed. **However, compensation is recommended for consistent results.**

For other flow cytometers not listed in the compatible flow cytometer list, the end-user needs to set up the machine following similar guidelines (refer to manufacturer's manual for proper instrument setup). In this case, machine compensation between the reporter and beads classification channels is strongly recommended.

Q. Is there a special software required for data analysis?

The flow cytometer raw data files (FCS 2.0, 3.0) can be analyzed using the LEGENDplex[™] Data Analysis Software or other equivalent analysis software. Download the LEGENDplex[™] Data Analysis Software for free here: **www.biolegend.com/legendplex**. A software dongle with license key is provided in the kit.

For data acquisition, no special software is needed. Just use the data acquisition software that comes with the flow cytometer, as long as the data generated is in FCS format, which meets FCS convention 2.0, 3.0 and 3.1.

Q. Can I select to measure only some analytes within a panel?

Yes. The targets within a panel are fully customizable. The customer can select any combination of targets within a panel and order a customized product. Please use our website target selection tool for ordering customized product (**www.biolegend.com/legendplex**).

Q. Can I select to measure analytes across panels?

Cross-panel customization is also possible, as long as the total plex size is no more than 13 and there is no overlapping beads region among targets selected. For cross-panel customization, contact CST@biolegend.com.

Q. I have run out of a component from the kit. Can I use a similar component from a different kit?

The LEGENDplex[™] Beads, Standards, Detection Antibodies and SA-PE are lot-specific and must be used in combination with each other. Do not mix these components from different kits or lots.

Other components, such as Assay Buffer, Wash Buffer, Plate, and Plate Sealer are not lot-specific and can therefore be exchanged between different kits and lots.

Q. My standard curve is not linear; can I use the non-linear part of the standard curve during analysis?

Yes. It is possible to use the non-linear part of the standard curve for calculating the results. The LEGENDplex[™] Data Analysis Software uses a five-parameter curve fitting algorithm, which determines the minimum and maximum detection concentrations of each target and reports them. If sample concentrations fall above the maximum detectable concentration, the sample will have to be diluted and reanalyzed. If sample concentrations fall below the minimum detection concentration, it is considered Not Detectable by the particular assay.

Q. During data acquisition, why do the bead populations (defined by FSC and SSC) sometimes appear to be dispersed or shifted?

This is usually caused by a fast flow rate or a sudden change in flow rate. There are three flow-through settings: low, medium, and high. If you are using a low flow rate and then change to medium and high flow rate, the sudden change of flow rate may sometimes result in a dispersed or shifted bead population. Therefore, it is not recommended to change flow rate during data acquisition. The best way is to run the sample in setup mode using an ideal flow rate, and once the population is stable, then change it to acquisition mode.

Q. Does the LEGENDplex[™] Data Analysis Software run on Apple Macintosh?

Not yet. The current version of the software has to run on a PC with operating system Windows 7 or Windows 8 (32 bit or 64 bit). If your flow cytometer is connected to a Mac, after data acquisition, the entire folder containing the data (FCS files) should be transferred to a PC and analyzed.

Q. Why does each kit include a software dongle?

The dongle allows you to use our LEGENDplex[™] software for data analysis and each dongle contains 1 million points. All dongles are the same.

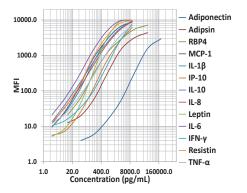
Q. I ran out of points on my Dongle. Can I get a new one separately? Or, can I use a dongle from one kit for another kit?

Dongle is not sold separately. Contact BioLegend if you need a new dongle. The dongle can be used across kits.

Chapter 7: ASSAY CHARACTERIZATION

Representative Standard Curve

This standard curve was generated using the LEGENDplex[™] Human Adipokine Panel for demonstration purpose only. A standard curve must be run with each assay.



Assay Sensitivity

The assay sensitivity or minimum detectable concentration (MDC) is the theoretical limit of detection calculated using the LEGENDplexTM Data Analysis Software by applying a 5-parameter curve fitting algorithm.

Analyte	MDC (pg/mL)
Human Adiponectin	41.4
Human Adipsin	5.4
Human RBP4	6.8
Human MCP-1	0.6
Human IL-1β	0.7
Human IP-10	1.5
Human IL-10	1.0
Human IL-8	0.9
Human Leptin	1.6
Human IL-6	2.1

Human IFN-γ	1.7
Human Resistin	1.4
Human TNF-α	0.8

Cross-Reactivity

The following recombinant proteins were tested at 50 ng/mL using the LEGENDplex[™] Human Adipokine Panel. No or negligible cross-reactivity was found for all the tested analytes.

RANTES	IL-1α	IL-33	TARC	MIP-3α
IL-5	IL-23	IL-2	I-TAC	IL-22
IL-9	IL-12p40	CCL11	IL-27	Groα
IL-17F	IL-12p70	MIP-1α	IL-17A	TSLP
IL-4	IL-15	MIP-1β	IL-11	MIG
IL-21	IL-18	ENA-78	IL-13	TSLP

Accuracy (Spike Recovery)

For spike recovery in cell culture medium (CCM), RPMI or DMEM with 10% FCS was first diluted two-fold with Assay Buffer and spiked with target proteins at three different levels within the assay range. The spiked samples were then assayed, and the measured concentrations were compared with the expected values.

For spike recovery in urine, samples (n=4) were first diluted two-fold with Assay Buffer and spiked with target proteins at three different levels within the assay range. The spiked samples were then assayed, and the measured concentrations were compared with the expected values.

Analyte	Recovery in CCM	Recovery in Urine
Human Adiponectin	94%	108%
Human Adipsin	93%	99%
Human RBP4	78%	NA
Human MCP-1	103%	99%
Human IL-1β	99%	77%

Human IP-10	76%	134%
Human IL-10	98%	98%
Human IL-8	104%	102%
Human Leptin	91%	85%
Human IL-6	97%	97%
Human IFN-γ	87%	156%
Human Resistin	94%	106%
Human TNF-α	94%	83%

NA= Not Applicable due to high endogenous levels

Linearity of Dilution

For spike linearity in CCM, RPMI or DMEM with 10% FCS was first diluted two-fold with Assay Buffer and spiked with a known concentration of target proteins. The spiked samples were serially diluted 1:2, 1:4, 1:8 with assay buffer and assayed. The measured concentrations of serially diluted samples were compared with that of the spiked samples.

For sprike linearity in urine, samples (n=4) were diluted two-fold with Assay Buffer and spiked with a known concentration of target proteins. The spiked samples were serially diluted 1:2, 1:4, 1:8 with Assay Buffer and assayed. The measured concentrations of serially diluted samples were compared with that of the spiked samples.

Analyte	Linearity in CCM	Linearity in Urine
Human Adiponectin	96%	100%
Human Adipsin	95%	96%
Human RBP4	131%	101%
Human MCP-1	95%	113%
Human IL-1β	87%	108%
Human IP-10	119%	88%
Human IL-10	86%	100%
Human IL-8	76%	96%
Human Leptin	100%	95%

Human IL-6	93%	110%
Human IFN-γ	101%	87%
Human Resistin	102%	105%
Human TNF-α	94%	121%

Intra-Assay Precision

Two samples with different concentrations of target proteins were analyzed in one assay with 16 replicates for each sample. The intra-assay precision was calculated as below.

Analyte	Sample	Mean (pg/mL)	STDEV	%CV
Human	Sample 1	36.0	2.5	7%
Adiponectin	Sample 2	575.1	24.3	4%
Human	Sample 1	41.2	2.4	6%
Adipsin	Sample 2	678.9	44.8	7%
Human RBP4	Sample 1	39.2	1.7	4%
питап квр4	Sample 2	593.2	31.4	5%
Human MCP-1	Sample 1	35.2	2.3	7%
Human MCP-1	Sample 2	646.3	31.3	5%
	Sample 1	35.1	2.5	7%
Human IL-1β	Sample 2	650.4	31.4	5%
Human IP-10	Sample 1	37.2	2.8	7%
Human IP-10	Sample 2	712.7	62.7	9%
Human IL-10	Sample 1	36.6	2.1	6%
Human IL-10	Sample 2	665.0	39.8	6%
	Sample 1	34.8	2.1	6%
Human IL-8	Sample 2	694.0	56.4	8%
	Sample 1	32.3	2.1	6%
Human Leptin	Sample 2	613.1	32.3	5%
	Sample 1	36.7	2.0	5%
Human IL-6	Sample 2	625.4	53.1	8%
	Sample 1	38.7	2.6	7%
Human IFN-γ	Sample 2	687.7	59.3	9%

Liuman Desistin	Sample 1	36.1	2.4	7%
Human Resistin	Sample 2	664.4	48.3	7%
	Sample 1	36.8	2.6	7%
Human TNF-α	Sample 2	707.9	57.4	8%

Inter-Assay Precision

Two samples with different concentrations of target proteins were analyzed in three independent assays with 3 replicates for each sample. The interassay precision was calculated as below.

Analyte	Sample	Mean (pg/mL)	STDEV	%CV
Human	Sample 1	37.3	3.9	11%
Adiponectin	Sample 2	538.0	40.7	8%
Human	Sample 1	36.5	2.2	6%
Adipsin	Sample 2	601.0	67.5	11%
	Sample 1	37.3	2.0	5%
Human RBP4	Sample 2	530.4	49.9	9%
	Sample 1	36.8	2.2	6%
Human MCP-1	Sample 2	569.8	61.2	11%
11	Sample 1	36.2	2.3	6%
Human IL-1β	Sample 2	582.0	55.9	10%
	Sample 1	37.4	3.0	8%
Human IP-10	Sample 2	592.8	89.9	15%
	Sample 1	36.8	2.2	6%
Human IL-10	Sample 2	587.3	64.2	11%
	Sample 1	37.3	3.2	8%
Human IL-8	Sample 2	596.4	80.3	13%
	Sample 1	34.6	2.7	8%
Human Leptin	Sample 2	562.9	42.7	8%
	Sample 1	37.0	2.2	6%
Human IL-6	Sample 2	541.9	75.5	14%
	Sample 1	38.1	3.7	10%
Human IFN-γ	Sample 2	589.4	79.9	14%

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Liver on Desistin	Sample 1	36.4	1.9	5%
Human Resistin	Sample 2	569.6	71.7	13%
	Sample 1	37.8	2.2	6%
Human TNF-α	Sample 2	608.1	86.6	14%

Biological Samples

Urine

Normal human urine samples (n=16) were tested for endogenous levels of adipokines and cytokines. The concentrations measured are shown below:

Analyte	Range (pg/mL)	% of Detectable	Mean of Detectable (pg/mL)
Human Adiponectin	381 - 5755	100%	1873
Human Adipsin	330 - 2886	100%	1106
Human RBP4	20,590 - 181,113	100%	74,976
Human MCP-1	94 - 662	100%	232
Human IL-1β	2.4 - 11.7	100%	7.3
Human IP-10	48 - 151	100%	96
Human IL-10	0.5 - 7.7	100%	2.5
Human IL-8	3.4 - 176	100%	29.8
Human Leptin	5.2 - 46.2	100%	18.7
Human IL-6	2.2 - 15.9	100%	7.6
Human IFN-γ	ND - 72.4	94%	18.9
Human Resistin	359 - 7344	100%	1923
Human TNF-α	0.7 - 9.7	100%	2.5

ND = Not Detectable

Cell Culture Supernatant

Culture medium of human pre-adipocytes and adipocytes from a commercial source were measured for hormone concentrations. Human subcutaneous preadipocytes were obtained from adipose tissue. Culture medium was prepared from confluent preadipocytes or 2-3 week old differentiated adipocytes after 24 hrs incubation. The results (all in pg/mL) are summarized below.

Analyte	pre- adipocyte	Normal Adipocyte	Diabetic Adipocyte
Human Adiponectin	ND	44,156	388,451
Human Adipsin	10.8	8,092	32,382
Human RBP4	ND	6,215	31,566
Human MCP-1	71.7	409.3	607.8
Human IL-1β	1.5	2.6	5.4
Human IP-10	4.5	11.4	24.6
Human IL-10	ND	ND	5.21
Human IL-8	1106	30.8	14.1
Human Leptin	3.9	63.9	64.7
Human IL-6	71.8	21.3	11.4
Human IFN-γ	3.87	18.5	69.2
Human Resistin	ND	ND	ND
Human TNF-α	2.3	4.8	11.1

ND = Not Detectable

Human PBMC (1x10⁶ cells/mL) were cultured under various conditions (PHA, 10 μ g/mL; PMA, 50 ng/mL; LPS, 50 ng/mL). Supernatants were collected after 1 and 4 days. All samples were diluted two-fold with Assay Buffer and assayed with the LEGENDplexTM Human Adipokine Panel. The results (all in pg/mL) are summarized below.

Analyte	Control 1 Day	PHA 1 Day	PMA 1 Day	LPS 1 Day
Human Adiponectin	130.4	178.2	228.8	192.8
Human Adipsin	1,935	2,036	821.9	2,023
Human RBP4	329.8	410.1	525.6	420.4
Human MCP-1	18,553	23,352	14,551	10,023
Human IL-1β	8.6	671.7	4318.4	933.5
Human IP-10	810.9	5415.1	433.1	514.5
Human IL-10	29.1	8395.4	9.5	8155.6
Human IL-8	>23,272	>23,272	>23,272	>23,272

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Human Leptin	8.6	8.6	10.2	14.7
Human IL-6	174.6	11,139	231.3	11,139
Human IFN-γ	6.0	943.8	298.3	26.7
Human Resistin	194.6	220.4	229.9	373.2
Human TNF-α	2.5	211.2	2,621	67.4

Human Adipokine Panel Mix and Match Subpanel

Analyte	Control 4 Day	PHA 4 Day	PMA 4 Day	LPS 4 Day
Human Adiponectin	405	211.6	215	382.8
Human Adipsin	13,567	5,293	1,466	5,433
Human RBP4	465.8	509.8	831.1	575
Human MCP-1	24,987	8,812	24,454	2,146
Human IL-1β	5.8	295.8	2,251	353.9
Human IP-10	6,176	5,354	543.3	849.5
Human IL-10	99.7	3,869	24.5	3,570
Human IL-8	>23,272	>23,272	>23,272	>23,272
Human Leptin	85.7	12.4	13.6	41.8
Human IL-6	203.7	11,139	2,975	11,139
Human IFN-γ	113.7	551.4	272.5	119
Human Resistin	230.1	513.5	291.3	4,021
Human TNF-α	8.7	84.3	2,809	38.2

TROUBLESHOOTING

Problem	Possible Cause	Solution
Bead popula- tion shifting upward or downward dur- ing acquisition	The strong PE signal from high concentra- tion samples or stan- dards may spill over to classification Channel (e.g., FL3/FL4/APC) and mess up the bead separation.	Optimize instrument settings using Kit Setup Beads, and make appropriate com- pensation between channels.
	Vacuum pressure is insufficient or vacuum manifold does not seal properly.	Increase vacuum pressure such that 0.2 mL buffer can be suctioned in 3-5 seconds. Clean the vacuum manifold and make sure no debris on the manifold. Press down the plate on the manifold to make a good seal.
		Centrifuge samples just prior to assay setup and use supernatant. If high lipid content is present, remove lipid layer after centrifugation. Sample may need dilution if too viscous.
Filter plate will		If some wells are still clogged during wash- ing, try the following:
not vacuum or some wells clogged	Samples have insoluble particles or sample is too viscous (e.g., serum	1). Add buffer to all the wells, pipette up and down the clogged wells and vacuum again.
	and plasma samples)	2). Use a piece of clean wipe, wipe the un- der side of the clogged wells and vacuum again.
		3). Take a thin needle (e.g., insulin needle), while holding the plate upward, poke the little hole under each of the clogged wells and vacuum again. Do not poke too hard or too deep as it may damage the filter and cause leaking.
	Filter plate was used without pre-wet.	Pre-wet plate with wash buffer before run- ning the assay.

	Beads inappropriately prepared	Sonicate bead vials and vortex just prior to addition. Agitate the pre-mixed beads intermittently in reservoir while pipetting this into the plate.
Insufficient bead count or	Samples cause beads aggregation due to particulate matter or viscosity.	Centrifuge samples just prior to assay setup and use supernatant. If high lipid content is present, remove lipid layer after centrifugation. Sample may need dilution if too viscous.
slow reading	Beads were lost during washing for in-tube assay	Make sure beads are spun down by visu- ally check the pellet (beads are in light blue or blue color). Be very careful when removing supernatant during washing.
	Probe may be partially clogged.	Sample probe may need to be cleaned, or if needed, probe should be removed and sonicated.
	Vacuum pressure set too high	Adjust vacuum pressure such that 0.2 mL buffer can be suctioned in 3-5 seconds. Do not exceed 10" Hg of vacuum.
Plate leaked	Plate set directly on table or absorbent tow- els during incubations or reagent additions	Set plate on plate holder or raised edge so bottom of filter is not touching any surface.
	Liquid present on the under side of the plate after vacuum	After washing, press down plate firmly on a stack of clean paper towels to dry the underside of the plate.
	Pipette touching and damaged plate filter during additions.	Pipette to the side of wells.
High back-	Background wells were contaminated	Avoid cross-well contamination by chang- ing tips between pipetting when perform- ing the assay using a multichannel pipette.
ground	Insufficient washes	The background may be due to non- specific binding of SA-PE. Increase number of washes.
Debris (FSC/ SSC) during sample acquisi- tion	Debris or platelet may exist in sample solu- tion.	Centrifuge samples before analyzing samples. Remove platelet as much as possible.

	Beads aggregation	Sonicate and vortex the Beads prior to use.
Variation be-	Multichannel pipette may not be calibrated or inconsistent pipet- ting	Calibrate Pipette. Ensure good pipetting practice. Prime pipette before use may help.
tween duplicate samples	Plate washing was not uniform	Make sure all reagents are vacuumed out completely in all wash steps.
	Samples may contain particulate matters.	Centrifuge samples just prior to assay setup and use supernatant. If high lipid content is present, remove lipid layer after centrifugation. Sample may need dilution if too viscous.
Low or poor standard curve	The standard was in- correctly reconstituted, stored or diluted	Follow the protocol to reconstitute, store and dilute standard. Double check your calculation.
signal	Wrong or short incuba- tion time	Ensure the time of all incubations was appropriate.
Signals too high, standard curves satu-	PMT value for FL2/PE set too high	Make sure the PMT setting for the re- porter channel is appropriate
rated	Plate incubation time was too long	Use shorter incubation time.
	Samples contain no or below detectable levels of analyte	Make sure the experiment to generate the samples worked. Use proper positive controls.
Sample read- ings are out of range	Samples concentrations higher than highest standard point.	Dilute samples and analyze again.
	Standard curve was saturated at higher end of curve.	Make sure the PMT setting for the re- porter channel is appropriate. Use shorter incubation time if incubation time was too long
Missed beads populations during reading, or distribution	Sample may cause some beads to ag- gregate.	Centrifuge samples just prior to assay setup and use supernatant. If high lipid content is present, remove lipid layer after centrifugation. Sample may need dilution if too viscous.
is unequal	Beads populations are not mixed properly	Make sure all bead populations are mixed. and in similar numbers.

PLATE MAP (for in-plate assay)

12	Sample 37	Sample 37	Sample 38	Sample 38	Sample 39	Sample 39	Sample 40	Sample
11	Sample Si 33	Sample Si 33	Sample S. 34	Sample S 34	Sample S	Sample Si 35	Sample S	Sample
10	Sample Si 29	Sample Si 29	Sample Si 30	Sample Si 30	Sample Si 31	Sample Si 31	Sample Si 32	Sample
6	Sample 25	Sample 5 25	Sample 5 26	Sample 26	Sample 27	Sample 5 27	Sample 28	Sample
8	Sample 21	Sample 21	Sample 22	Sample 22	Sample 23	Sample 23	Sample 24	Sample
7	Sample 17	Sample 17	Sample 18	Sample 18	Sample 19	Sample 19	Sample 20	Sample
9	Sample 13	Sample 13	Sample 14	Sample 14	Sample 15	Sample 15	Sample 16	Sample
5	Sample 9	Sample 9	Sample 10	Sample 10	Sample 11	Sample 11	Sample 12	Sample
4	Sample5	Sample5	Sample6	Sample6	Sample7	Sample7	Sample8	Sample8
ß	Sample1	Sample1	Sample2	Sample2	Sample3	Sample3	Sample4	Sample4
2	C4	C4	ß	CS	CG	CG	C7	C7
1	CO	CO	C1	C1	C2	C2	C	C3
	A	В	U	D	ш	ц	IJ	

RACK MAP (for in-tube assay)

	1	2	m	4	Ŋ	9	7	8	6	10	11	12
	C	CO	C1	C1	C2	C 3	C	C	64	C4	CS	S
	C6	CG	C7	C7	Sample 1	Sample 1	Sample 2	Sample 2	Sample 3	Sample 3	Sample 4	Sample 4
	Sample	Sample	Sample	Sample	Sample	Sample	Sample	Sample	Sample	Sample	Sample	Sample
	5	5	6	6	7	7	8	8	9	9	10	10
	Sample	Sample	Sample	Sample	Sample	Sample	Sample	Sample	Sample	Sample	Sample	Sample
	11	11	12	12	13	13	14	14	15	15	16	16
	Sample	Sample	Sample	Sample	Sample	Sample	Sample	Sample	Sample	Sample	Sample	Sample
	17	17	18	18	19	19	20	20	21	21	22	22
1	Sample	Sample	Sample	Sample	Sample	Sample	Sample	Sample	Sample	Sample	Sample	Sample
	23	23	24	24	25	25	26	26	27	27	28	28
	Sample	Sample	Sample	Sample	Sample	Sample	Sample	Sample	Sample	Sample	Sample	Sample
	29	29	30	30	31	31	32	32	33	33	34	34
	Sample	Sample	Sample	Sample	Sample	Sample	Sample	Sample	Sample	Sample	Sample	Sample
	35	35	36	36	37	37	38	38	39	39	40	40

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